

# NEWSLETTER

### Support Alliance For Emergency Readiness

CREATING A SAFER SANTA ROSA www.safersantarosa.org

3 Dec 2012

No act of kindness, no matter how small, is ever wasted. - Aesop

#### NEEDS, REQUESTS, DONATIONS

We can do no great things -- only small things with great love. -- Mother Teresa "You make a living by what you get, but you make a life by what you give". -- Winston Churchill

#### **FAMILY IN NEED**

A member has identified a veteran whose house burned beginning of November in East Milton. They have temporary lodging at their address but are in need of a washer and dryer, television and furniture and he has access to storage until he rebuilds. Red Cross has given them vouchers, but as you can imagine, money has already been spent. If anyone is interested in assisting, please contact the veteran, James Olsen at 850-686-3281.

#### **COAT AND SHOE DRIVE**

Bridges out of Poverty (SAFERs Unmet Needs Committee) is requesting coats (used or new) and new shoes (all sizes) for men, women, boys and girls. If you prefer to make a monetary donation you can do so on the SAFER webpage. Temperatures are dropping and we have a lot of families in need of assistance. You can call 983-5001 or 983-4606 for drop off information.

### DISCOVER NEW FUNDING FOR PROGRAMS HELPING HOMELESS CHILDREN AT OUR UPCOMING AUDIOCONFERENCE

Finding New Funding to Help Homeless Children

Thursday, December 6<sup>th</sup> 2:00 to 3:15 pm EST

Homelessness remains a huge issue in the United States, especially for children and teens living on the streets and in shelters. But, there is funding available to tackle this crisis from a wide range of sources. The key is having the crucial insights that can give you the edge. Whether you're an experienced grants specialist or a beginner, *Finding New Funding to Help Homeless Children* will provide your organization with the latest about the many federal, foundation and private funding resources available. For just \$199, your entire staff can gather around one speakerphone and benefit from this information-packed discussion, along with a live Q&A session for live answers to your questions.

#### Here's Just Some of What We'll Be Covering:

- Understanding--and taking advantage of--new rules and regulations for the revamped federal Continuum of Care funding program.
- How Public Housing Authorities can find "outside-the-box" funding opportunities to help homeless children and youth.
- Tapping funding at other federal agencies, including HHS, Agriculture, Commerce, Education, Homeland Security, Justice and Labor.
- Getting ahead of the 2013 funding curve for federal and private funding.
- How school districts and education nonprofits can find federal and foundation funding to help homeless students get a better education.
- Pinpointing best practices at the state, regional and local levels.

• Locating private, corporate and foundation funding for crucial needs, including street outreach, literacy, nutrition, oral health, clothing, and housing assistance.

Because there is limited space available to ensure we can answer all questions, we encourage you to act promptly to ensure your attendance!

- <u>Visit our website</u> for fastest registration
- Call us at 1-800-666-6380
- Email us at info@cdpublications.com

Unable to join us live? CD recordings are also available for pre-order.

#### YOUTH & COMMUNITY PREPAREDNESS LEADERS NEEDED

The American Red Cross of Northwest Florida is looking for enthusiastic individuals interested in leading our Preparedness Education programs for local schools, youth groups, and community groups. This is also a great opportunity for teachers and community leaders to learn about our programs and take them back to your organization. Participants will be provided access to all necessary materials to present trusted American Red Cross programs.

Participation and all materials are FREE! Participants can attend either or both courses, depending on your interests and needs.

Please contact Doug Watson at 850-432-7601 or <a href="mailto:douglas.watson@redcross.org">douglas.watson@redcross.org</a> with any questions and to let us know you are coming!

Saturday, December 8, 2012 American Red Cross of NW FL Main Office (Upstairs) 222 N. Baylen St. Pensacola, FL 32502

#### 9AM-12PM: Youth Preparedness Educator Course

Learn about and experience our many kid-focused programs covering *First Aid, Disaster Preparedness, Storm Science, Handwashing & Hygiene, Water Safety,* and *MORE!* All of our programs for kids age 4-12 come with complete lesson plans and are fun, interactive, and educational. This course is perfect for Teachers, Scout Leaders, Youth Leaders, and others who work with kids and would like to incorporate ready-made American Red Cross materials into your programs. This is also a great opportunity for anyone interested in volunteering for the American Red Cross. We often get requests to offer our programs and are looking for kid-loving people to fill that need.

#### 1PM-4PM: Community Preparedness Educator Course

Learn about and experience our community-focused programs covering *First Aid* and *Disaster Preparedness*. Our ready-made lessons include several hands-on activities and interactive presentations, such as preparing a disaster kit and creating an emergency plan, that can be adapted to the needs of the group. This course is perfect for members of Neighborhood Groups, Older Scouts and Leaders, High School Groups, Business Leaders, and anyone else who would like to utilize trusted American Red Cross materials to prepare your group for any emergency. We are also looking for individuals to serve on our Preparedness Leadership Team, offering our programs to community groups when requested.

#### **SPONSORS NEEDED!**

Sponsorships now available for the 2<sup>nd</sup> edition of the Business Emergency Response Toolkit (BERT). This time around the BERT bag is being promoted by the EscaRosa Business Continuity Initiative (BCI) The 2<sup>nd</sup> edition will be shared with Escambia businesses, so spread your logo across the western panhandle and become a partner in preparedness! Sponsorships of \$1000 will get a logo on the BERT bags and the opportunity to put information in the bag at the time of distribution (preparedness or continuity information is best). Sponsorships of \$500 will get material in the bags. We are hoping for a distribution of 5000 + BERT bags across the region. Additionally for a limited time, you will get your logo put on the SAFER Santa Rosa Business Continuity page as a partner in preparedness, and you will have your business mentioned in the SAFER Santa Rosa newsletter. 100% of proceeds go towards the BERT bags

or insert materials. Become a BCI partner today! Contact Daniel Hahn at <a href="mailto:safer@santarosa.fl.gov">safer@santarosa.fl.gov</a> or 983-4606



BERT bag showing sponsors from the 2007 distribution, get YOUR logo shown in 2 counties!!!!

**Mission** To develop active partnerships within the Escambia and Santa Rosa County business community for enhancing disaster resiliency and continuity.

Vision The most sustainable, disaster-resilient business community in America.

Visit <u>www.safersantarosa.org</u> for more information under the business continuity link on the left side of the page.

#### INFORMATION

When you cease to make a contribution you begin to die. - Eleanor Roosevelt

#### **KEEP YOUR HOLIDAYS BRIGHT FIRE SAFETY CAMPAIGN BEGINS DECEMBER 1**

Santa Rosa County emergency service agencies are teaming up for the sixth year to promote fire safety during the month of December with the "Keep Your Holidays Bright" campaign. While a joyous time of year, cold weather, holiday decorations and festivities can create serious fire dangers. Fire fighters hope to reduce the number of fires in Santa Rosa County by promoting simple, life-saving holiday safety tips each day, December 1 through the 31.

In addition to the daily fire safety tips, Santa Rosa's Keep Your Holidays Bright campaign centers around a Christmas tree located in the Santa Rosa County Administration Complex on Caroline Street, decorated with electric candles. Each time firefighters respond to a working residential fire or large wildfire causing fire damage, a candle will be "extinguished" and replaced with a card noting the basic details of the fire. In the first year nine candles were extinguished on the safety tree, three in the second year, six in the 2009 campaign, four in 2010 and six in 2011.

According to the United States Fire Administration, 76 percent of fire injuries affecting civilians occurred in our homes. Fires occurring during the holiday season claim the lives of over 945 people, injure 3,825, and cause over \$1.7 billion in damage. Nationally, cooking is the leading cause of residential building fires in December, accounting for 41 percent of fires, followed by heating fires at 28 percent, open flame fires at nine percent, and incendiary/suspicious fires seven percent.

Each fire department in Santa Rosa County including Allentown Volunteer Fire, Avalon Fire/Rescue, Bagdad Volunteer Fire, Berrydale Volunteer Fire, the City of Milton Fire, East Milton Fire and Rescue, Gulf Breeze Volunteer Fire, Harold Volunteer Fire, Holley-Navarre Fire District, Jay Volunteer Fire, Midway Fire District, Munson Volunteer Fire and Rescue, Inc.;

Navarre Beach Fire, Pace Fire/Rescue District, Skyline Fire and Rescue District, Florida Forest Service, Santa Rosa County Emergency Management and Lifeguard Ambulance Service are working together to promote holiday safety.

Daily Fire Safety Tips (Corresponds with Escambia's Keep the Wreath Green Campaign):

- Dec. 1 Prior to buying a live tree, test its freshness by pulling along a small branch. If the needles fall away in your hand, the tree is already too dry.
- Dec. 2 Prior to buying an artificial tree, make sure the tree bears a UL label of approval and be certain the tree is made of fire retardant materials.
- Dec. 3 To keep a live tree fresh cut 1-2 inches from the bottom to expose fresh wood and place it in water. Make sure your tree stand can hold water. Check the water level every day, and add water as needed. Do not place trees near sources of heat like radiators, space heaters or heating ducts.
- Dec. 4 Use candles with care. Keep candles out of the reach of children and pets. Burn candles inside a 1-foot circle of safety, free of anything that can ignite. Use sturdy candleholders that will not tip over. Never leave a burning candle unattended.
- Dec. 5 Make sure all holiday lights are UL labeled and inspect them prior to use. If possible, use LED lights since they burn cooler. Check each set of lights for broken or crushed sockets, frayed or bare wires, or loose connections. Discard all damaged lights.
- Dec. 6 When hanging holiday lights, either on your tree or outside, make sure you follow the manufactures guidelines on how many strands can be connected together. Usually it is not more than 3. Make sure you do not overload electrical outlets or circuits. Do not run power cords underneath rugs or carpets.
- Dec. 7 When decorating, remember not to block stairways, doors, or windows. Remember to always unplug lights and extinguish candles before leaving the house or going to bed.
- Dec. 8 Have a plan in case you have a fire: Step 1 Design a plan for your home and your family. Make sure everyone understands exactly what to do and where to go in an emergency. Also, make sure you have enough smoke alarms.
- Dec. 9 Have a plan in case you have a fire: Step 2 Know two ways out of every room and practice them to make sure you can do it.
- Dec. 10 Have a plan in case you have a fire: Step 3 Make sure you crawl low under smoke and feel closed doors for heat. If you come to a door that is warm, find another way out.
- Dec. 11 Have a plan in case you have a fire: Step 4 If you become trapped, close doors and stuff the door cracks to keep smoke out. Try to call 911 and let them know exactly where you are and signal for help from a window.
- Dec. 12 Have a plan in case you have a fire: Step 5 Pay special attention to young children, elderly people and the disabled. Be sure to include them in your plan.
- Dec. 13 Have a plan in case you have a fire: Step 6 Get out as fast as you can and stay out. Never go back inside. Once you're safely outside have someone go to a neighbor's house and call 911.

- Dec. 14 Remember, matches and lighters are tools for adults. Store them in a safe place above the reach of children. Also teach youngsters to never touch them, instead tell a grownup.
- Dec. 15 Have a fire extinguisher readily available in your home and make sure it is fully charged. Know how to use your fire extinguisher. Remember the PASS system: Pull the pin, Aim the nozzle at the base of the fire, Squeeze the trigger lever, and Sweep the stream side-to-side at the base of the fire.
- Dec. 16 Have your chimney and fireplace inspected by a professional to make sure it's clean and free of obstructions. Never burn paper or trash in the fireplace.
- Dec. 17 Be sure your fireplace is covered with a metal screen or glass doors to prevent the spread of sparks and fire.
- Dec. 18 Make sure to have a working smoke alarm outside of every bedroom and on every level of your house. Make sure to test monthly and change batteries every time you change your clocks.
- Dec. 19 With children out of school, people doing yard work, dry vegetation, high-winds and low-humidity, remember that wildfires can happen quickly.
- Dec. 20 If you are enjoying the great outdoors during the holidays, don't leave campfires or warming fires unattended make sure they are completely out!
- Dec. 21 Never leave cooking food unattended. Handles on stovetop pots should be turned away from the front, so they won't be accidentally tipped or knocked over.
- Dec. 22 Before you cook that holiday dinner be sure that the oven and stovetop are clean, free of grease, and are in good working order.
- Dec. 23 Keep cooking areas clean and free of grease and other combustibles (e.g. potholders, towels, rags, drapes, and food packaging), which can catch fire easily.
- Dec. 24 Do not burn wrapping paper in the fireplace because of the high flammability, dangerous sparks and possibility of flash fires.
- Dec. 25 Remember to be safety conscious and have a happy holiday.
- Dec. 26 When purchasing a space heater look for heaters that have safety features such as cut-off switches that turn the heater off if they accidentally tip over or overheat.
- Dec. 27 Space heaters need space. Make sure they are at least 3 feet away from combustible materials such as draperies, furniture, bedding, clothing and decorations. Also teach youngsters to keep away from them.
- Dec. 28 Use only UL labeled space heaters and follow the manufactured instructions. Never use stoves, ovens or other cooking appliances to warm your home.
- Dec. 29 Turn space heaters off when you leave the room. Also, remember to constantly supervise children and pets when space heaters are in use.
- Dec. 30 Don't cut up and burn your tree in the fireplace. Burning evergreens give off tar and creosol, which can ignite and cause a chimney fire. Dispose of your tree by following the instructions of your local trash disposal service.
- Dec. 31 Don't drink and drive, have a designated driver or call a friend.

#### **UNMET NEEDS COMMITTEE OPPORTUNITY**

Higher Education Sector Teleconference Dec.5, 2012 from 3 p.m. to 4 p.m. EST (2 p.m. CST, 1 p.m. MST, 12 p.m. PST)

Join us for another in an ongoing series of complimentary teleconferences especially for colleges and universities. Learn from other institutions about how they are using College Achievement Alliance resources to increase student retention and completion.

<u>Topic</u> Using *Under-Resourced College Students* and *Investigations* in a Community-Wide Initiative to Reduce Poverty

Learn how Lewis-Clark State College is using College Achievement Alliance solutions as part of a comprehensive Bridges approach to reducing poverty in nine counties in northern Idaho and one county in Washington.

#### **Presenters**

Jeanette Gara-Betzold, adjunct faculty consultant, Lewis-Clark State College Savona Holmes, director, grants and contracts, Lewis-Clark State College Lisa Stoddard, director, Community Action Partnership of Lewiston, ID

#### **Moderator**

Karla Krodel Author, consultant, and trainer Director, Metro Credit Outreach Education, Youngstown State University

Dial-in Number: 1-218-862-1300 Conference Code: 613351

RSVP to receive an email reminder For more information <a href="mailto:bduncanson@ahaprocess.com">bduncanson@ahaprocess.com</a>

# BBB® TUESDAY TIPS 'Tis the season...for scams

Looking forward to the holidays? So are the scammers. As you make your gift list and charity donations, scammers make their schemes to lure you into a trap.

Your BBB warns holiday shoppers and donors to be on the lookout for the red flags of the season:

- If you shop Craigslist or other free bulletin board sites, look for local sellers and conduct transactions in person. Bring a friend if you're uncomfortable meeting the seller alone. Never wire money as payment. If you're shopping on auctions like EBay, look at seller ratings and read their reviews. Don't buy if the deal sounds too good to be true.
- Don't let yourself get bogged down in purchases or lose track of your wallet. While you're struggling with bags of presents, identity thieves may see an opportunity to steal your wallet or look over your shoulder to copy your debit or credit card numbers. Know where your credit and debit cards are at all times and cover the keypad when entering your PIN while purchasing items or getting money from an ATM. Make sure you put your card back in your wallet after each purchase.
- Always research charities with BBB before you give to see if the charity meets BBB's 20
  Standards for Charity Accountability. The holidays are a time of giving, and that creates an
  opportunity for scammers to solicit donations to line their own pockets. Beware of
  solicitations from charities that don't necessarily deliver on their promises or are ill-equipped
  to carry through on their plans. Resist demands for on-the-spot donations. Up-to-date
  reports on local and national charities are available at <a href="https://www.give.org">www.give.org</a>.
- Don't click on any links or open any attachments to emails until you have confirmed that they
  aren't malicious. Phishing emails are a common way for hackers to get at your personal
  information or break into your computer. Around the holidays, beware of e-cards and
  messages pretending to be from companies like UPS or FedEx with links to package
  tracking information. Email addresses that don't match up, typos and grammatical mistakes
  are common red flags of a malicious phishing email. Also beware of unsolicited emails from

- companies with which you have no association. Make sure you have current antivirus software and that all security patches have been installed on the computer.

#### **DEA SCAM ALERT -- EXTORTION SCHEME**

The Drug Enforcement Administration continues to warn the public about criminals posing as DEA special agents or other law enforcement personnel.

This criminal activity continues to occur, despite significant public attention to the illicit scheme. DEA offices nationwide regularly receive telephone calls from concerned citizens who are the victims of this extortion effort.

The criminals call the victims (who in most cases previously purchased drugs over the internet or by telephone) and identify themselves as DEA agents or law enforcement officials from other agencies. The impersonators inform their victims that purchasing drugs over the internet or by telephone is illegal, and that enforcement action will be taken against them unless they pay a fine. In most cases, the impersonators instruct their victims to pay the "fine" via wire transfer to a designated location, usually overseas. If victims refuse to send money, the impersonators often threaten to arrest them or search their property. Some victims who purchased their drugs using a credit card also reported fraudulent use of their credit cards.

Impersonating a federal agent is a violation of federal law. The public should be aware that no DEA agent will ever contact members of the public by telephone to demand money or any other form of payment.

The DEA reminds the public to use caution when purchasing controlled substance pharmaceuticals by telephone or through the internet. It is illegal to purchase controlled substance pharmaceuticals online or by telephone unless very stringent requirements are met. All pharmacies that dispense controlled substance pharmaceuticals by means of the internet must be registered with DEA. By ordering any pharmaceutical medications online or by telephone from unknown entities, members of the public risk receiving unsafe, counterfeit, and/or ineffective drugs from criminals who operate outside the law. In addition, personal and financial information could be compromised.

Anyone receiving a telephone call from a person purporting to be a DEA special agent or other law enforcement official seeking money should refuse the demand and report the threat.

Report Extortion Scam: 1-877-792-2873

### **BBB® TUESDAY TIPS**

#### Safe travels

Every year, holiday travelers take to the skies and ride the rails, but most hit the highways. This year, AAA projects 43.6 million people will travel at least 50 miles from their home between Nov. 21 and Nov. 25, approximately 90 percent of whom are expected to drive. Your BBB has some tips to help you stay safe on the road this holiday season.

Create a car safety kit: Holiday driving may include the threat of dangerous winter
weather. Snow and ice can lead to accidents, especially for Florida residents who may
not be used to driving in such conditions. Prepare for bad weather by creating a safety
kit that includes blankets, flashlights with extra batteries, a radio, a first aid kit, jumper

- cables, non-perishable foods like granola bars and nuts, bottled water, an ice scraper and warm gloves.
- Take the car in for a checkup: Breaking down can definitely put a damper on the holiday spirit! Take your car in for a checkup before making the trip. At the very least, check the car's fluid levels, wipers and tires. If you plan on driving through serious winter weather, consider getting snow tires.
- Start early and slow down: You will be one of millions traveling for the holidays. Give yourself extra time to make the trip. Don't speed: speeding leads to accidents and traffic tickets, both of which delay your trip even more. Anticipate delays and schedule appropriately.
- Take your BBB with you: When you're away from home and in the midst of an emergency, it's hard to know which businesses such as tow trucks and locksmiths are trustworthy. <a href="BBB's free iPhone app">BBB's free iPhone app</a> and mobile website (<a href="m.bbb.org">m.bbb.org</a>) can help you find businesses you can trust when you can't get to a computer.
- Drop the distractions: Just make sure you're not driving when turning to BBB!
   According to the National Safety Council, nearly 25 percent of accidents happen when people are distracted by talking on their cell phones or sending text messages. When you're behind the wheel, don't send or read text messages or surf the web. If you think you'll be tempted to talk on the phone, turn it off, put it on silent or hand over control of the phone to another passenger. And nominate someone else to fumble with the GPS.

For additional information and advice you can trust, start with bbb.org

#### **FAITH BRIEFS**

#### Senior's Luncheon at Bagdad United Methodist Church

The Bagdad United Methodist Church's monthly Community Senior's Luncheon will be Dec. 11. This change is due to the Christmas Holidays. Our regular schedule will resume in January 2013. For more information, call 623-1948.

#### IBC free garage sale and toy giveaway

Immanuel Baptist Church's Mission Christmas Free Garage Sale and Toy Giveaway will be Dec. 14 starting at 8:30 a.m. IBC wants to reach out to the community of Pace. They will be having a Free Garage Sale Giveaway and we will also be giving away free toys pre child in each family while our supplies last. Immanuel Baptist Church is located at 4187 Highway 90 in Pace. For additional info please contact IBC at 850-994-6152 or email us at <a href="mailto:info@paceimmanuel.org">info@paceimmanuel.org</a> Breakfast with Santa

Breakfast with Santa On Dec. 15 from 9:30 - 11 a.m. at the First United Methodist Church of Pace in the activities building behind the sanctuary. You are invited to jon the church for a delicious breakfaszt, ballons, bouncers, face painting, crafts, visit and pictures with Santa. First United Methodist Church of Pace is located at 4540 Chumuckla Highway in Pace. For more information call 994-5608.

#### **Bridges to Circles offering volunteer training**

Catholic Charities Bridges to Circles initiative presents a four week training series that will equip volunteers to serve as an ally for family moving from poverty to self-sufficiency. The training will be held at Cathedral of the Sacred Heart Ave Maria hall 1212 East Moreno Street, Pensacola on Jan. 8 from 5:30 - 7:30 p.m. Bridges to Circles is a transformational initiative that partners community volunteers with families wanting to make the journey out of poverty. This is your opportunity to solve local poverty issues in Escambia County. Reserve your spot and for further information, contact Haley Richards, 429-7296 or richardsh@cc.ptdiocese.org.

#### **Community Senior Luncheon resumes**

Bagdad United Methodist Church will resume its Community Senior Luncheons at 11 a.m. Local seniors are invited. For more information, call 626-1948.

One Harvest. Save 35 – 50% on your grocery bill. Order online at oneharvest.com with a credit or debit card. For general info or dates/times for cash orders, call 623-6683. EBT/SNAP call 478-7620.

#### St. Mary's Episcopal Church Winter Bazaar vendors wanted

St. Mary's Episcopal Church in Milton is making preparations for its annual Winter Bazaar and Craft Show on Dec. 7-8. They are accepting applications for vendors who would like to attend and sell their wares and crafts. For a vendor application call 983-6100 or 623-2905.

#### Addiction help meetings

The Most Excellent Way support group for people seeking help overcoming alcohol, drugs and other addictive behaviors meets at 7 p.m. Fridays at East Side Baptist Church, 4884 Ward Basin Road. For more information on this meeting and other area meetings, call 626-148

#### CONFERENCE ON ELDER ABUSE DOMESTIC VIOLENCE

The Florida Coalition Against Domestic Violence is fortunate to host a training from the National Clearinghouse on Abuse in Later Life (NCALL).

All attendees WILL receive the training material so that they can return to their community and train others on the subject matter. This training module presents new information on understanding elder abuse; information which differs in significant ways from the traditional understanding of elder abuse on which Adult Protective Services professionals have been trained and under which they have operated for many years.

### PLEASE FORWARD ONCE YOU REGISTER YOURSELF OR STAFF!!!! Scholarships Available For Travel

Date- December 11<sup>th</sup>, 2012 Time- 9:00 am- 4:00 pm

Location- United Way of Northwest Florida 518 Mulberry Avenue Panama City, Florida 32401

Trainers- Lenora Wynn, Adult Protective Services Northwest Region Program Specialist and Maggie Cveticanin, Disability Compliance and Later in Life Specialist of The Florida Coalition Against Domestic Violence

#### Cost-Free Please register at: www.fcadv.org

If you require any accommodations or have any questions, please email Maggie Cveticanin at <a href="maggie@fcadv.org">cveticanin\_maggie@fcadv.org</a> Maggie Cveticanin, Domestic Violence, Disability Compliance and Later in Life Specialist (850) 303-1769

#### **JOIN 4-H TODAY**

4-H is open to all youth, ages 5-18, determined as of September 1 of the current 4-H program year and open to all counties in the State of Florida. 4-H serves youth from all backgrounds and interests. It reached boys and girls through 4-H clubs, special-interest groups and short – term projects, school-age child care, individual and family learning and mentoring, camping and school enrichment.

Upcoming regularly 4-H Meetings/Events are listed below. Please save the dates and make plans to attend:

#### 4-H Day at the Capitol March 14, 2013

## Monthly 4-H meeting held at Santa Rosa County Extension Office (kids 5-18 yrs along with parents are welcome)

6:00 pm to 7:30 pm, normally held the first Tuesday of every month December 4, 2012

January 8, 2013

February 5, 2013 March 5, 2013 April 2, 2013 May 7, 2013 June 4, 2013 July 2, 2013 August 6, 2013 September 3, 2013 October 1, 2013 November 5, 2013 December 3, 2013

#### Monthly Leader/Volunteer Meeting Held at the Extension Office

6:00 pm to 7:30 pm, normally held the third Tuesday of every month
December 18, 2012

July 16, 2013

January 15, 2013

February 19, 2013

March 26, 2013

April 16, 2013

May 21, 2013

June 18, 2013

April 18, 2013

April 19, 2013

December 17, 2013

December 17, 2013

For more information, please send an email to <a href="http://santarosa.ifas.ufl.edu/4h">http://santarosa.ifas.ufl.edu/4h</a> or call The University of Florida--Santa Rosa County Cooperative Extension Service--IFAS, at (850) 623-3868, between the hours of 8:00 a.m. and 4:30 p.m. weekdays. Hearing impaired individuals may call Santa Rosa County Emergency Management Service at 983-5373 (TDD).

Extension Service programs are open to all people without regard to race, color, sex, age, handicap or national origin. The use of trade names in this article is solely for the purpose of providing specific information. It is not a guarantee, warranty, or endorsement of the product name(s) and does not signify that they are approved to the exclusion of others.

### RESERVE YOUR BOOTH SPACE NOW FOR THE ANNUAL HEALTH & BUSINESS EXPO

The Navarre Chamber will host their Annual Health & Business Expo on Saturday, January 26<sup>th</sup>, 2013, from 9 am - Noon at the Navarre High School, 8600 High School Blvd.

The theme for the 2013 Expo is "Showcasing the Heartbeat of Navarre". The Chamber hopes that businesses and organizations will use the theme to decorate their booth space, offer Valentine's Day specials, as well as show off what they have to offer the Navarre area.

The Expo benefits both consumers and business owners. There is always a steady stream of people of all ages in need of health screenings, a new doctor as well wanting to see what kinds of goods and services are available in the Navarre area.

The event will feature local small businesses, community and non-profit organizations, and health related businesses in Navarre and the surrounding area with interactive booths and activities. Event details are in the final planning stages, but businesses are encouraged to reserve their booth space early to ensure availability and to select their preferred booth location. Booth space and sponsor opportunities are limited but available for both Navarre Chamber and future-Navarre Chamber members.

The Navarre Chamber Health & Business Expo is free to the public, and the attendance usually averages 1,200 attendees.

A Reservation Form, Sponsor Information, and a Layout of the Exhibit Halls are attached and/or you can log on to <a href="https://www.navarrechamber.com">www.navarrechamber.com</a> or call the Chamber at 939-3267.

#### SANTA ROSA COUNTY TOBACCO-FREE COALITION HOLDS MEETING

The Santa Rosa County Tobacco-Free Coalition will hold its next meeting on Thursday, December 6, at 4:00 p.m. at the Santa Rosa County Health Department, 5527 Stewart Street in Milton. This meeting will focus on the progress of the Tobacco Free Multi Unit Dwelling policy, update on the businesses offering cessation services, and SWAT updates.

The Santa Rosa County Tobacco-Free Coalition began in September 2008 as a partnership of community members and agencies working together with a mission to reduce the prevalence of

tobacco use and provide education on the dangers of tobacco abuse among children and adults in the county. Members include: Santa Rosa County Health Department; Healthy Start of Santa Rosa County; Women, Infant and Children Program (WIC); Center for Total Women's Health; Community Drug and Alcohol Council; West Florida Area Health Education Center; Covenant Hospice; Safe Haven; Santa Rosa County School District; Santa Rosa County Sheriff's Office; Santa Rosa County School Health Program; Santa Rosa Pediatrics; University of West Florida; Students Working against Tobacco (SWAT) and AIDS Healthcare Foundation. Any interested citizens or community groups are encouraged to attend the meeting and join the coalition.

November is Lung Cancer Awareness Month. According to the American Cancer Society, lung cancer is the most preventable form of cancer death in our society. Tobacco use accounts for at least 30% of all cancer deaths and 80% of lung cancer deaths.

In September 2011, the Centers for Disease Control and Prevention, (CDC) released "State Specific Trends in Lung Cancer Incidence and Smoking—United States, 1999-2008", in the Morbidity and Mortality Weekly Report, showing a decline in lung cancer rates nationwide, linked closely with smoking patterns. Florida was one of only six states with lung cancer declines among both men and women.

- Florida was one of the 35 states (out of 44 analyzed) where lung cancer incidence among men decreased.
- Florida was also one of only six states where lung cancer incidence among women decreased.

For more information on the Santa Rosa County Tobacco Free Coalition, please contact Robbie Leggett at (850) 983-5200 ext. 310. To learn more about lung cancer, visit <a href="www.cancer.org">www.cancer.org</a>. To read the complete CDC report, visit <a href="www.cdc.gov/cancer/lung">www.cdc.gov/cancer/lung</a>

#### **TWITTER**

SAFER Santa Rosa is on Twitter.

#### **FACEBOOK**

SAFER is on Facebook, find us, and become our friend;-) We are up to 447 people! Invite friends. Let's keep growing this communications venue. Invite other Santa Rosans to participate. Invite your Santa Rosa friends to join you on the SAFER Facebook page.



Use of barricades policy: Free to parades and other events in Santa Rosa County that are sponsored by a chambers or government entities (Christmas parades, Mardi Gras, 4<sup>th</sup> of July etc...) or non profits, that are hosting events that are free and open to the public. The user is responsible for transportation of barricades, AND banners advertizing sponsors MUST be put on barricades. Others wanting to use the barricades must provide transportation and rent barricades at a cost of \$5 per barricade. Additional fees may be applicable if barricades are not returned within 7 days of pick up/delivery. Barricades will cost \$8 each if delivery is required. Average rental price for barricades is \$9-\$13 each through other vendors. SAFER barricades are a bargain.

Barricades are being used 2 more times in December for a total this year of almost one deployment of barricades a month. Seeking sponsors!!!!!!!

#### **OPPORTUNITIES**

There is no better exercise for your heart, than reaching down and helping to lift someone up. - Bernard Meltzer

DATE: January 15-17, 2013 TIME: 8:00 AM – 5:00 PM CST

LOCATION: Ocean City-Wright Fire Control District, 2 Racetrack Rd., NE, Ft. Walton

Beach FL

#### Course Goals:

• Demonstrate the ability to apply the Risk Management Process found in the Incident Response Pocket Guide (IRPG) to various incidents.

- Identify and describe the responsibilities of a Task Force/Strike Team Leader (TFLD/STL).
- Demonstrate the ability to apply appropriate tactics in various incident situations with various resources organized into strike teams or task forces.

Course Scope: This course is a critical to First Responders who will work on Hazardous Materials Incidents such as train derailments, overturned trucks containing hazardous materials, natural gas pipeline incidents. This course trains the responders how to organize, deploy and engage resources, track resource accomplishments, and work within the ICS framework. It will help them with pre-engagement planning, as well as how to engage the incident efficiently. The table-top exercises, or large group incident scene simulations are optimal to develop effective incident management skills for the Task Force or Strike Team Leader. The students will be given a simulated incident involving hazardous materials truck/train derailment with a chemical release to demonstrate risks associated with the incident and the operational implications.

**Suggested Audience**: First Responders: HazMat, Firefighters, Law Enforcement, Transportation and other personnel who provide initial response to incidents.

**Prerequisites**: The following are suggested prerequisites for the course:

• ICS 100, 200, 300, & 400

Class Size is 20 students. Please register online at: http://trac.floridadisaster.org

If you need additional information, please contact Kathy Ahlen at 850-332-7976 or 800-226-8914 x210. Sponsored by District 1 Local Emergency Planning Committee (LEPC)

### **NEWS (blue is new)**

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has. --Margaret Mead

Emergency Response for People who have Access and Functional Needs: A Guide for First Responders

http://terrorism.spcollege.edu/SPAWARAFN/index.html

The Red Guide to Recovery: Resource Handbook for Disaster Survivors <a href="http://www.theredguidetorecovery.com/">http://www.theredguidetorecovery.com/</a>

Tips for Effectively Communicating with Protected Populations During Response and Recovery <a href="http://www.dhs.gov/publication/tips-effectively-communicating-protected-populations-during-response-and-recovery">http://www.dhs.gov/publication/tips-effectively-communicating-protected-populations-during-response-and-recovery</a>

Contacts Are Key in Emergency Management <a href="http://www.emergencymgmt.com/disaster/Contacts-Key-Emergency-Management.html">http://www.emergencymgmt.com/disaster/Contacts-Key-Emergency-Management.html</a>

Health in Aging, Emergency Preparedness for Older Adults Website http://www.healthinaging.org/resources/resource:emergency-preparedness-for-older-adults/

Zombies and Preparedness: Five tips for using metaphors in exercises and outreach

http://freeresources.luciencanton.com/2012/10/zombies-and-preparedness-five-tips-for-using-metaphors-in-exercises-and-outreach.html

"Mommy, I'm Scared." Ways to Comfort Children during Disasters http://redcrossdallas.blogspot.com/2012/10/mommy-im-scared-ways-to-comfort.html

Woeful Success Rate in Citizen Preparedness Suggests New Approaches is Necessary http://www.emergencymgmt.com/disaster/Woeful-Success-Rate-Citizen-Preparedness.html

Emergency Managers' Best Practices for Evacuating Communities <a href="http://www.emergencymgmt.com/disaster/Best-Practices-Evacuating-Communities.html">http://www.emergencymgmt.com/disaster/Best-Practices-Evacuating-Communities.html</a>

Most U.S. Small Businesses Back Up Data as a Precaution, but May Not Be Sufficiently Prepared for a Crisis

http://finance.yahoo.com/news/sage-survey-most-u-small-130000505.html;\_ylt=A2KJ3CbCNRZQgB0AaYHQtDMD

Why Aren't Americans Listening to Disaster Preparedness Messages? <a href="http://www.rand.org/about/people/u/uscher-pines\_lori.html">http://www.rand.org/about/people/u/uscher-pines\_lori.html</a>

10 Ways for Businesses to Be Hurricane Ready <a href="http://bclc.uschamber.com/blog/2012-06-07/10-ways-businesses-be-hurricane-ready">http://bclc.uschamber.com/blog/2012-06-07/10-ways-businesses-be-hurricane-ready</a>

The Role of Business in Disaster Response Report <a href="http://bclc.uschamber.com/document/role-business-disaster-response-report">http://bclc.uschamber.com/document/role-business-disaster-response-report</a>

Small Businesses Fall Short on Disaster Preparedness http://www.businessnewsdaily.com/2621-small-businesses-natural-disasters.html